

DECISION-MAKER:	Health & Wellbeing Board
SUBJECT:	Southampton Mental Health and Wellbeing Strategy
DATE OF DECISION:	13 March 2024
REPORT OF:	COUNCILLOR MARIE FINN CABINET MEMBER FOR ADULTS & HEALTH

<u>CONTACT DETAILS</u>			
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STATEMENT OF CONFIDENTIALITY

N/a

BRIEF SUMMARY

<p>This report seeks Board approval of the new Southampton Mental Health and Wellbeing Strategy and accompanying documents, prior to being submitted to Cabinet for approval. The Health & Wellbeing Board was briefed on the rational, scope, approach and timeline during the engagement phase in September 2023 (verbal), and the strategy has now been finalised following public consultation and refinement from feedback.</p>
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RECOMMENDATIONS:

	(i)	To recommend that Cabinet approves the new Southampton Mental Health and Wellbeing Strategy as attached in appendix 1 and supporting documents (appendix 2-4).
	(ii)	To continue to develop the detailed action plan and establish the multi-agency Southampton Mental Health and Wellbeing Partnership to deliver the strategy.

REASONS FOR REPORT RECOMMENDATIONS

1.	The Southampton Mental Health and Wellbeing strategy has now been finalised, following the completion of the full strategy development cycle including engagement, drafting, public consultation, and refinement from feedback.
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ALTERNATIVE OPTIONS CONSIDERED AND REJECTED
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	Not having a city-wide Mental Health and Wellbeing Strategy for the city risks worsening the health of Southampton residents, increasing inequalities, and creating a wider impact on services downstream. There would also be impacts on the existing local suicide prevention work programme as the new
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	strategy aimed to replace the local Suicide Prevention Plan 2020-2023 through inclusion as 1 of the 6 priorities.
	Having only a strategy and detailed action plan for suicide prevention in Southampton (i.e. adopting only priority outcome 6: 'Working together to prevent suicide and self-harm and support those who are impacted' from the Mental Health and Wellbeing Strategy). The three-year Southampton Suicide Prevention Plan ended in 2023. To incorporate and refresh this plan, priority 6 of the new strategy is focussed on suicide prevention.
DETAIL (Including consultation carried out)	
1.	In September 2022 the Health and Wellbeing Board approved the adoption of the Office for Health Improvement and Disparities (OHID) Prevention Concordat for Better Mental Health for Southampton. This is a nationally recognised commitment that aims to take a prevention-based approach to improving public mental health. A requirement of the Concordat is that there is a local public mental health plan in place and that a multi-agency partnership for mental health and wellbeing is established. In September 2023 the Health and Wellbeing Board received a verbal update on the development of the Southampton mental health and wellbeing strategy and were invited to contribute to the development.
2.	The city-wide Southampton Mental Health and Wellbeing Strategy is a five year strategy that sets out our shared vision that people in Southampton have good mental health and wellbeing, whatever their background or the circumstances in which they live. It describes our approach and underlying principles to achieving this vision. The strategy outlines six priority areas in which collaborative work across the city will be focused and includes accompanying aims and actions of each. The current landscape of mental health and wellbeing for Southampton, the wider determinants of health, and inequalities for mental health and wellbeing are detailed in the strategy and have formed the basis of the approach.
3.	The strategy has been developed by the Public Health and Policy teams of Southampton City Council. A successful engagement phase for the strategy ran from July to October 2023, including involvement of a wide range of stakeholders from providers, community and voluntary organisations, people with lived experience, and key service leads and Boards at Southampton City Council. Input gained from this phase informed the priorities and strategy content.
4.	Southampton City Council undertook a public consultation on a draft Mental Health and Wellbeing Strategy over an 8-week period between 24th November 2023 and 18th January 2024. The consultation was publicised by press releases, e-bulletins, social media, stakeholder forums and the SCC website. Printed copies of the consultation were available from Southampton libraries. People were able to respond via the online questionnaire, by letter or email. Overall, the consultation received 191 responses. Active consultation was also carried out to increase participation in target groups. These included receiving verbal feedback from mental health participation groups, peer support groups, community groups, and conversations with individuals who did not have access to the internet.
5.	Feedback from the consultation showed most respondents agreed with the proposed vision and six priority areas in the draft strategy overall (86%) and

	found it clear and easy to understand (77%). Most respondents also agreed with each priority (89-90%) and rated them as effective (57-70%). In comments, feedback covered themes including inclusivity, the need for clarity around terms used and raised the need for additional focus on specific groups. A full breakdown of the results can be found the full consultation report (Appendix 3). Feedback from the consultation has now been reflected in the strategy and is detailed in the table of post-consultation strategy amendments (Appendix 4).
6.	A new multi-agency partnership will be established to oversee the delivery of the Southampton Mental Health and Wellbeing Strategy for the city. This partnership will include membership across relevant Southampton City Council services, NHS services, voluntary and community organisations, and people with lived experience. This Partnership will sit alongside the existing Southampton Suicide Prevention Partnership and report to the Health and Wellbeing Board. Links to other relevant partnerships and strategies will be maintained through membership on this group. The partnership will continue to develop the detailed action plan to deliver the strategy. The new multi-agency Southampton Mental Health and Wellbeing Partnership will report progress annually to stakeholders and to the Health and Wellbeing Board.
RESOURCE IMPLICATIONS	
<u>Capital/Revenue</u>	
	There is no statutory requirement to have a mental health and wellbeing strategy and there are no additional financial commitments arising from approving this strategy, to Southampton City Council or partner organisations. The commitments made will be delivered through utilising and targeting the existing resources available in the system through partnership working. Local authorities do, however, have responsibility for local suicide prevention action plans through Health and Wellbeing Boards.
<u>Property/Other</u>	
	None.
LEGAL IMPLICATIONS	
<u>Statutory power to undertake proposals in the report:</u>	
	There is no statutory requirement to have a mental health and wellbeing strategy. Local authorities do, however, have responsibility for local suicide prevention action plans through Health and Wellbeing Boards. This strategy is within the remit of the Health and Wellbeing Board to approve, prior to review and approval by Cabinet.
<u>Other Legal Implications:</u>	
	The consultation and design of the proposed strategy has been undertaken having regard to the requirement of the Equality Act 2010, in particular s.149 of the Public Sector Equality Duty (“PSED”). All actions delivered under the strategy and associated Action Plans will be implemented having regard to this duty. Further detail is provided in the ESIA attached at appendix 2.
RISK MANAGEMENT IMPLICATIONS	
	Although it is not a statutory requirement to have a mental health and wellbeing strategy, there is a risk that without one the mental health and

	<p>wellbeing of residents in Southampton will be worse and inequalities will increase.</p> <p>Considerable engagement with this strategy has already taken place from partner organisations, community and voluntary organisations, and members of the public. If this strategy does not reach completion there is the risk of reputational damage for the Council as the organisation leading the development.</p>
POLICY FRAMEWORK IMPLICATIONS	
	<p>Prior to strategy development all relevant Southampton strategies relating to mental health and wellbeing were reviewed to ensure alignment and integration of the current strategy.</p>

KEY DECISION?	No
WARDS/COMMUNITIES AFFECTED:	All
<u>SUPPORTING DOCUMENTATION</u>	
Appendices	
1.	Southampton Mental Health and Wellbeing Strategy
2.	Southampton Mental Health and Wellbeing Strategy ESIA
3.	Consultation on a draft Southampton mental health and wellbeing strategy - full report
4.	Table of post-consultation strategy amendments

Documents In Members' Rooms

1.	None.
Equality Impact Assessment	
Do the implications/subject of the report require an Equality and Safety Impact Assessment (ESIA) to be carried out.	Yes
Data Protection Impact Assessment	
Do the implications/subject of the report require a Data Protection Impact Assessment (DPIA) to be carried out.	No
Other Background Documents	
Other Background documents available for inspection at:	
Title of Background Paper(s)	Relevant Paragraph of the Access to Information Procedure Rules / Schedule 12A allowing document to be Exempt/Confidential (if applicable)
1.	
2.	